



BELIEVERS EASTERN CHURCH

Office of the Metropolitan, World Church Headquarter,
St. Thomas Community, Thiruvalla, Kerala, India

Mwrwknaini Kaktun

Ani khapangni Ochaisong tei Kwthar Mothani joto poito khlainaisong.

Chini Subrai Jisu Khristoni khairokma, maya tei khakchangma norok joto bai tongthung.+

Jorano agini simi khilai phailaimani ba, chini pholano suchalaina bagwi Kwthar Mothao Kotor Lentni jorano palaina thangwi tongo, Kaitor bai thansa wngna bagwi bwkha beralainani. O Jora saksak koinene wngnani, chini Subraini paiphlaiya hamjakmani kokno uansuknani, tei chwngsacha Pascha eba Easterno palainani bagwi chini bwkhano tiyar khlainani.

Chwng o kwthar himlaimungo kwrwnglaithani, Ang, norokni pholani pha wngwi, o lent jorano kaham khe palaina bagwi kisa nangkukmani dagimung norokno sahormano serious khe nadi hake omo chwng kaham khe khlaithani chubanai.

1. Okbukcha Surima: Chwng o Kotor Lentni jorao sakno kok khwnarwi tongma okbukcha tongwi surima wng kha bwkha kiphilmani marino phunugo tei sakno kok khwnarwmani marino phunugo. Kothoma Kaham St Mathew 4:17 bwtango swijak tongo, " Norok sumsok yakardi, Kaitorni ha sampa kha!" Sumsok yakarma abo sumsokno khlijak kha hwnwi simi tongnani ya tamo khe sumsokni bwkha kiphilwi Kaitorni bwkhak phaimano se

repentance eba sumsok yakarma hwno. Bini khairoma, maya tei suchajaknanino mannani bwkha phiyogwi rwma. Hake aboni bagwi phaidi chwng chini chamung nungmungo bwkha beraya ui tonglai anw tei Kaitor bai kwrwng thani je kebengmungrok phaido abobai chalwi tonglai anw tei chini bwsak bisingni kungchukma, jolima, manna muchungma, mechermungrok tei chini rangma bai kwrwngjak bwsakrok kebengo.

2. Surimao jora kwbang rwdi: Phaidi surima bisingtwi chini Kaitor bai kwrwnglaimao sakno yapharlai anw.

- Salbrum Surima: Salbrum saksak surinani bagwi jora chongwi nadi.
- Liturgical Prayer: Nini parisho salbrum surinani thangcha rwdi tei manjakdi. Hake abobai khulumao tei uansukthanio kaham wngnai.
- Jesus Prayer: Jeswk mansak uram uram Jisuni surimano surinani loi khलाई: " Subrai Jisu Khristo, Kaitorni Sajla, ano khairokjadi, ang khoroksa sumngang borok."

3. Bigrarokno rwma: Kotor Lentni kok wngkha bigrarokno chubanani hwnma se klaio. Chini Subraini kokno maitu khलाई, " ani o takhukrokni bere kusu khoroksano phano norok abotwi khlai kha hwnkhe abo ano- no khलाई klaio. "(St. Mathew 25:40)

- a. Nini parao kwrwi bigrarokno chubana bagwi nwnng je ajimani aroni kisa khaklai narwkdi.
- b. Nini talent, jora, tei rangrokno buino chubana bagwi motha SWRANGWI samung khलाई.
- c. Dukhu kosto tekto o khलाईjakrokno nini hamjakma phunukdi tei nini maya tei bwkha hamjakmano samungbai phunukdi.

Maitu narwkdi, nini o surima, bigrarokno rwma tei joto amjokmungrok katiui tongma abo bebakno chini Subrai Jisu Khristoni thangwi bachamani samo se tongma klaio. Kotor Lent abo sakno kok khwnarwi tongna simi ya phiya para hamkwrai samung bu khलाईthai. Chwnng kaisa motha wngwi phaidi chwnng Subrai Jisu Khristoni khलाईlangmano khलाईlai anw. Bo hasinglwngo salbrwichi okbukcha tong kha, abo chwnng sakno bukcha khe nukthani tei pholao raknani marino phunukna klaio. Kwthar Motha bai rohorjak khलाईjaknai manwirokno rohorma twi khलाईnani ta pokdi. Aborok wngkha salbrumni Elembak porijaknai, chini khasukni Metropolitan Pha, Moron Mor Athanasius Yohan I bai swijakno rohormanino porinai chini phola thangchana bagwi.

O Jora wngkha kaisa belai nangkukma jora wngthung,

- Sakno uansuknani, pholao torsanani tei sak kaham tongnani.

- Nini uansukmani kaham khe amjogwi nainani, tei Kaitor bai buibai kwrwnglaimao bahai abono uansugwi bwkha kiphilnani.
- Kwthar Sacramento koinene wngwi tongnani tei Kaitorni khairokmao tongwi suchajagwi tongnani.
- Nini hamya khlainairokno nakarnani tei nwnng buino hamya khelaijakmani bagwi nakar sanani.
- Nwnng saksakno Kaitorni Thani tei buini thani koinene wngwi tongwi mannani.
- Je thaio kaklai phuilai wnglaio aro khakchangma nwrwgwi tongnani.
- Khristoni kaisa bwsak wngwi tongnai.
- Ang norok jotoni bagwi suriui tongo hake norok o kwthar okbukcha tongwi tongma jorao Kaitorni khairokma norokno rw thung. Kaitor norokno Bini muchungtwi khelai tongwi mannani tei Bini dagimano rakhogwi mannani phan rw thung tei Bini hamjakmano jotoni thani pirwi manani phan rw thung

Kwthar Kwthamsa Kaitor; Pha, Sajla tei Phola Kwtharni twidulma, paiphlaiya khairokma tei maya chwnng bai tongthung tei Kaitorni bwskango kwthar borok bai surima molbrum chini katimung wngwi tongthung. Amen+

Phani hamjakma tei surima bai

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Moron Mor Samuel Theophilus Metropolitan

World Church Headquarters